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HOW MANY PIECES OF JEWELLERY SHOULD YOU WEAR AT ONE TIME?

Here's the short answer: you can wear as much (or as little) jewellery as you'd like.

And now for the long answer:

While the above statement is always true, there are a few guidelines that'll help narrow down the options depending on a specific occasion, look and style.

Let's see what they are...

The Occasion

Naturally, "office-appropriate" is quite different from "going out".

But which is which? Here are a few handy notes:

- **Forgo bangles at the office:** they're noisy and will be hard to type with.
- **If going out in the evening, opt for a central, superstar piece:** a luxe necklace, a pair of look-at-me earrings or a cocktail ring will draw all eyes on you.
- **No matter the occasion, you can't go wrong with a stunning mix of stackable rings of the dainty variety.**

Your Look

Because jewellery can make or break your look:

- **If you're going to wear your hair down**, choose small, understated earrings. On the contrary, a short crop or a sleek up-do will be complemented by a pair of large hoop earrings.
- **What vibe are you channeling?** A bohemian allure will require large, oversized and exuberant jewellery, while a minimalist one will require that you wear the daintiest pieces you have.
- **Pay attention to textures:** a heavy knit will not pair well with a fine necklace and a silky slip dress will not be elevated by a chunky necklace.
- **Wear a statement necklace or a pair of statement earrings NOT both at once.**

Your Style

When pondering how many pieces of jewellery you should wear, always consider your own, unique style.

Ask yourself these questions:

- **Mixing metals: yes or no?** It depends on your personal preference and whether you enjoy wearing more metals at once. Whatever you go for, make sure it reads as an intentional choice.
- **Layering: again, yes or no?** Your rings, necklaces and earrings can be layered to achieve different looks. Layering dainty necklaces is IN right now. As for earrings, experiment with cuffs, jackets and various sizes of hoops until you find your signature mix.
- **Jewellery style pro tip:** when in doubt, go for pearls. They'll suit almost any style, occasion and environment.

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